

LESSON TITLE: *School Days -- Here We Come!*

GLE Text and Benchmarks:
(Includes Book and Follow Up Activity)

GLE # Mathematics

07	(PK-CM-M1) (M-2-E) Use words such as <i>day, week, month, schedule, morning, noon, night</i> .
10	(PK-CM-G3) (G-3-E) Use words that indicate direction and position of an object (e.g., up, down, over, under, above, below, beside, in, out, behind).
13	(PK-CM-P1) (PK-CM-P2) (P-1-E) (P-3-E) Recognize and copy repeated patterns (e.g., concrete objects, songs, rhymes, and body movements).

GLE # English Language Arts

06	(PK-LL-R4) (ELA-1-E4) Relate pictures to characters.
09	(PK-LL-S3) (PK-LL-R4) (ELA-1-E5) Answer simple questions about a story read aloud.
23	(PK-LL-S1) (ELA-4-E2) Repeat an instruction given orally.
24	(PK-LL-L2) (ELA-4-E2) Follow one- and two-step verbal and nonverbal directions.
41	(ELA-4-E7) Participate in designated roles within classroom activities, such as line leader, teacher helper, and calendar helper.
21c	(ELA-7-E4) Apply basic reasoning skills: connecting what is learned to real-life situations.

GLE # Science

15	(PK-CS-P3) (PS-E-B3) Demonstrate motion by using students' own bodies.
19	(PK-CS-L1) (LS-E-A3) Identify parts of the body and how they move.
29	(LS-E-A3) Describe basic functions of parts of the body (e.g., lungs, heart, bones, muscles).

Grade Level: Pre-K/K-2

Delivery Mode: Classroom

Time Allotted: 20 minutes

of Participants: Class size; 10-30

Life Skill: Facing Scary Situations

Character Focus: Self-Responsibility

Integrated Curriculum Concepts:

- Language Arts: Increase vocabulary and Active Listening
- Math: Counting
- Science: Unifying concepts and processes, Human anatomy; names and locations of organs
- Social Studies: Developing self-help skills

Key Concepts:

- Importance of physical activity
- Making healthy food choices
- Drinking plenty of water to keep organs healthy

What you Need for the Lesson:

- *School Days -- Here We Come!*
- Hardy Heart Educational Tool
- Organwise Guys Roll Call
- First Day of School! Activity (Optional)
- Companion Activity Book (Optional)

Learning/Follow up Activity:

- Organwise Guys Roll Call
- First Day of School! Activity (Optional)
- Companion Book Activities pgs. 5 and 7 (Optional)

Getting Ready:

- Read and familiarize yourself with the book.
- Read the Roll Call instructions (second to last page of book)
- Make copies of First Day of School! Activity (Optional – last page of book)

Note to Helper:

- The more animated you make the story and the more genuine your reaction is to how “smart” the students are, the more engaged the students will be.
- Depending on group size, you may wish to have them gather around in a reading area as you read aloud and show illustrations.

Lesson Plan:

What you Say:	What you Do:	What Participants Do:
I have a book that is going to introduce you to a group of characters called the Organwise Guys. You will be able to participate while I am reading so listen up!	Start reading book (with ENTHUSIASM!) Prepare to approach the parts in the book where the kids will interact.	Sit quietly and listen until interactive parts of book.
Read through entire book.	Follow the instructions from the book yourself so the students know to do the same thing.	Respond and participate as told by the teacher reading.
Once you have completed the book... Hey Kids! I have someone here that you would like to meet...Hardy Heart! Can you show me where your Hardy Heart is?	Introduce the plush Hardy to the students.	Respond and find their Hardy Hearts.
Follow up Activity: Organwise Guys Roll Call Let's do one more Organwise Guys roll call, to make sure they are all here! Try to find each one again in your body just like before. When you find it say "Here!"	Have the kids stand up where they are.	Kids stand up and find all the organs as they are called out and then say "Here!" when they do find them.
Hardy Heart	Wait a few seconds for the kids to have a chance to find their hearts and then place hand on heart.	Put hand on heart and say "Here!" when they find it.

Madame Muscle	Wait a few seconds for the kids to find their arm muscle and then place hand on arm.	Put hand on bicep/arm and say "Here!" when they find it.
Sir Rebrum	Wait a few seconds for the kids to have a chance to find their Sir Rebrums and then place hand on head.	Put hand on head and say "Here!" when they find it.
The Kidney Brothers	Wait a few seconds for the kids to have a chance to find their Kidney Brothers and then place hands on lower back.	Put hand on lower back area and say "Here!" when they find it.
Windy the Lungs	Wait a few seconds for the kids to have a chance to find their Windys and then take deep breath and exhale.	Take deep breath in and say "Here!" when they exhale.
Calci M. Bone	Wait a few seconds for the kids to have a chance to find their shin and then place hand on shin.	Put hand on shin and say "Here!" when they find it.
Peri Stolic, the Intestines	Wait a few seconds for the kids to have a chance to find their Peri Stolic and then place hand on belly button area.	Put hand on belly button area and say "Here!" when they find it.

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Optional Follow-up Activity (if using companion activity books):

- Hand out an Organwise Guys Activity Book to each student. (Emphasize that this is their “personal, official Organwise Guys book!”) Read through page one with the students and have them fill in their name and draw a picture of themselves next to Hardy.
- Use pgs. 5 and 7 in the Companion Activity Book