

LESSON TITLE: ***“Farmer’s Market Fresh” Video***

GLE Text and Benchmarks:

GLE # Mathematics

01	(PK-CM-N3) (N-1-E) (N-3-E) Count by ones to 10.
13	(PK-CM-P1) (PK-CM-P2) (P-1-E) (P-3-E) Recognize and copy repeated patterns (e.g., concrete objects, songs, rhymes, and body movements).
06	(N-1-E) (N-2-E) (N-6-E) (M-1-E) Identify pennies, nickels, and dimes and their values using the cent sign.
13	(M-1-E) (M-2-E) (M-5-E) Use vocabulary such as: <i>yesterday, today, tomorrow, hours, weeks</i> , names of days, names of months; sequence events; and identify calendars and clocks as objects that measure time.
15	(N-5-E) (N-4-E) Recognize real-life situations as addition or subtraction problems.
09	(N-6-E) (N-7-E) Add and subtract 1- and 2-digit numbers.
10	(N-6-E) (M-1-E) (M-5-E) Calculate the value of a combination of bills and coins and make change up to \$5.00.
12	(N-6-E) (N-9-E) (M-1-E) (M-5-E) Count money, determine change, and solve simple word problems involving money amounts using decimal notation.

GLE # English Language Arts

24	(PK-LL-L2) (ELA-4-E2) Follow one- and two-step verbal and nonverbal directions.
28	(PK-LL-L5) (ELA-4-E6) Listen and orally respond to questions about media, including music and videos.
29	(PK-LL-S1) (PK-SE-C1) (ELA-4-E7) Recognize and follow agreed-upon rules for discussing, such as raising one's hand, waiting one's turn, and speaking one at a time.

GLE # Science

02	(PK-CS-I1) (SI-E-A1) Pose questions that can be answered by using students’ own observations and scientific knowledge.
15	(PK-CS-P3) (PS-E-B3) Demonstrate motion by using students’ own bodies.
26	(LS-E-A6) Classify various foods into the major groups (e.g., bread, meat, vegetable, fruit)
27	(LS-E-A6) Determine which foods are superior for developing a healthy body.
27	(LS-E-A1) Identify what animals and plants need to grow and develop.
28	(LS-E-A3) Describe structures of plants (e.g., roots, leaves, stems, flowers, seeds)
34	(LS-E-A1) Describe what the human body needs to grow and be healthy.
42	(LS-E-A6) Describe the relationship between eating habits and maintaining a healthy body.

Grade Level: Pre-K/K-5

Delivery Mode: Classroom

Time Allotted: 20-25 minutes (Video: 17:59 minutes)

Of Participants: Class size: 10-30

Life Skill/General Health: Learning the importance of eating fresh fruits and vegetables

Character Focus: Self-Responsibility

Integrated Curriculum Concepts:

- Language Arts: Active Listening, Sharing Experiences and Information
- Math: Counting
- Science: Unifying concepts and processes
- Social Studies: Developing self-help skills

Key Concepts:

- Learning to eat fresh fruits and vegetables
- Importance of physical activity
- Making healthy food choices
- Drinking plenty of water to keep organs healthy

What you need for the Lesson:

- “Farmer’s Market Fresh” Video/DVD
- VCR/DVD player/computer

Learning/Follow up Activity:

- Class Discussion

Getting Ready:

- Read the following overview of the movie and lesson plan.
- Overview: In “Farmer’s Market Fresh,” Windy opens a Farmer’s Market to raise money for this year’s field trip to Healthy World. She also discovers the importance of eating fresh fruits and veggies!

Note to Helper:

- This educational and entertaining video targets young children with positive, health-related behavior habits. Empowering children with tools they need to make healthy choices for a lifetime is prevention at its best.

Lesson Plan:

What you Say:	What you Do:	What Participants Do:
Today we are going to watch a video starring the Organwise Guys Characters. They are going to teach you some very important information but in a very fun way. Listen up because I will be asking some questions afterwards. Enjoy!	Play the video.	Sit quietly and watch the video.
Where do the OrganWise Guys want to go on their field trip? (ANSWER: Healthy World)	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.

<p>What do they not have enough of for their trip? (ANSWER: money)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>What do they decide to do to raise money for the trip? (ANSWER: Sell fruits and veggies from their garden)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>What is in fresh fruits and vegetables that is so good for you? (ANSWER: Vitamins and nutrients)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>What are some of the fruits and vegetables the children are planting and the OrganWise Guys are trying to sell? (ANSWER: tomatoes, eggplant, corn, cucumber, potatoes, celery, strawberries, cantaloupe, oranges, radish)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>What vitamin can you get from the sunlight? (ANSWER: Vitamin D)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>What does Windy, the Lungs love? (ANSWER: Fresh air)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>How much money did the OrganWise Guys make at their farmer's market? (ANSWER: \$52) How much did they need to go to Healthy World? (ANSWER: \$50)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>
<p>Can the OrganWise Guys go on their field trip? (ANSWER: YES)</p>	<p>Call on students who have raised their hands to answer the question.</p>	<p>Respond and answer questions by raising hands.</p>