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Body Walk - Participation Report

Please complete and give to the Driver/Manager or fax (225-578-4443) to the Smart Bodies Program Coordinator. This form should be completed and faxed to the LSU AgCenter State Office on the day the Body Walk visits your school.

This information will be used to complete LSU AgCenter reporting forms.

School Name:

School Address:
*(including City
and Zip)*

Date of Body Walk visit:

School Coordinator's Name:

School Coordinator's Phone Number:

Number of Participating Teachers:

Number of Participating Volunteers:

Number of Participating Students:

* Kindergarten

* 1st Grade

* 2nd Grade

* 3rd Grade

* 4th Grade

* 5th Grade

TOTAL

Comments

School Evaluation

School Name _____ Your name: _____

Contact Information _____ Date of Body Walk visit: _____

A. Tell us about your teachers:

1. _____ Number of teachers whose students participated in the Body Walk Program
2. Did all teachers receive a copy of the classroom activities and resources from the Body Walk School Manual?
_____ yes _____ no

B. Tell us your opinion of Body Walk:

1. Is the exhibit educational, informative and appealing to students? Why or why not?
_____ yes _____ no _____ not sure
2. Was the Body Walk School Manual helpful to you? How could it be improved?
_____ yes _____ no _____ not sure
3. Did the Body Walk Activity Booklet appeal to students?
_____ yes _____ no _____ not sure How could it be improved?
4. Was the Body Walk Driver/Manager friendly, helpful and informative? Comments.
_____ yes _____ no _____ not sure
5. In the space below, please write other comments or suggestions about the Body Walk exhibit and specific comments made by students about Body Walk

Please mail or fax your completed evaluation to: Denise Holston, LSU AgCenter
Knapp Hall Room 276
Baton Rouge, LA 70803
Fax 225-578-4443

Thanks for participating in the Body Walk and for your help in completing this form!

Set-Up and Take-Down Crew

Note: Make 2 copies of this form, one for set-up and one for take-down.

Body Walk School Coordinator _____

Phone _____

Set-Up Date _____

Time _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Station Presenters

Morning and Afternoon Shift

Note: Make 2 copies of this form, one for morning and one for afternoon

Shift Time _____

Station	Volunteer Name	Phone Number
Brain Station		
Food Bookmark Station		
Mouth Station		
Stomach Station		
Small Intestine Station		
Heart Station		
Lungs Station		
Bones Station		
Muscles Station		
Skin Station		
Pathway to Life Station Assistant and Back-up Person		

Teacher Memo

To: All Teachers

From: (Body Walk School Coordinator)

RE: Louisiana Body Walk (day, date, month, year of body walk)

Date: (day, date, month, year of letter sent)

The Body Walk, a traveling exhibit, will visit our school on (day, date, month, year). The Body Walk is a unique educational program designed to involve kindergarten through fifth grade students in learning the skills and choices for a healthy lifestyle. Body Walk is one of three components of the Smart Bodies Program, a comprehensive health program that provides nutrition education and promotes increased physical activity. Smart Bodies is a collaboration between the LSU AgCenter and Blue Cross and Blue Shield of Louisiana Foundation.

It will take approximately an hour for each group of students to go through Body Walk. A schedule for the day is attached. Please check the times for your class. We ask that you and your students report to the (Body Walk location) five minutes before your scheduled time.

Please help keep the exhibit clean and in good condition by observing the following:

- Students may touch props when invited by the presenter. Please ask students not to hit, push, or touch the exhibit covers and panels.
- Students should not touch the artwork inside the exhibit unless asked to do so.
- **You must tour the exhibit with your students.**

For more information on the Body Walk experience, please see the back of this letter.

Suggested classroom activities are available to help introduce the concepts and prepare your students to get the most out of the Body Walk. Suggested follow-up classroom activities will help reinforce and extend the learning experience. Please refer to the websites for additional nutrition and physical activity information or you can visit the Smart Bodies website at www.smartbodies.org.

If you have any questions, please do not hesitate to contact me.

(OVER)

The Body Walk Experience

Students tour the human body with The OrganWise Guys as their guides. Throughout the exhibit, they will learn how to apply healthy lifestyle changes.

At each of Body Walk's ten stations, a volunteer presenter engages the students in a five-minute activity focused on healthy choices. The tour begins when students, in groups of eight to ten, walk through a giant ear into the brain. Inside the huge brain dome, students experience "brain waves" and learn about brain function. After they leave the brain, the students are each given a bookmark designating them as a food, such as a carrot, hamburger or piece of cheese. The "foods" step into the exhibit's larger-than-life mouth, are "swallowed" through the esophagus tunnel and move into the stomach dome. From the stomach, the students travel through the small intestine where they are "absorbed" into the blood. Then they follow the path of the nutrients to the heart, lung, bone, muscle and skin stations. Students leave the body through a cut in the skin and proceed through The OrganWise Guy's Pathway for Life. This final station recaps key health concepts from each of the nine previous stations.



Volunteer Recruitment Letter

To: Parents

From: (Body Walk School Coordinator)

RE: Louisiana Body Walk (day, date, month, year of body walk)

Date: (day, date, month, year of letter sent)

Your expertise is needed at (Name) Elementary School! Body Walk, a traveling exhibit will visit our school on (day, date, month, year). Body Walk is a unique educational program designed to involve kindergarten through fifth grade students in learning the skills and choices for a healthy lifestyle. Body Walk consists of a 35-foot by 45-foot walk-through exhibit representing the human body. Body Walk is one of three components of the Smart Bodies Program, a comprehensive health program that provides nutrition education and promotes increased physical activity. Smart Bodies is a collaboration between the LSU AgCenter and Blue Cross and Blue Shield of Louisiana Foundation.

Please consider one of the following ways you can get involved:

- **Set-up Body Walk Exhibit:** Set up will be ((the day before or the day of the Body Walk) day, month, date, time). 6-8 adults are needed
- **Take-down Body Walk Exhibit:** Take-down will be (day, month, date, time). 6-8 adults are needed
- **Station Presenters:** The exhibit has 10 different stations. A volunteer presenter is needed for the morning session and the afternoon session for the brain, food bookmarks, mouth, stomach, small intestine, heart, lungs, bones, muscles, skin and the summary station, Pathway to Life. **A script will be provided. The only requirement is enthusiasm for working with children!!**

If you have questions, please feel free to contact me at (phone). Please complete the form below and return to your child's teacher:

YES!!! I can help with Body Walk. I will:

_____ Set-Up _____ Take-Down

_____ Be a morning station presenter _____ Be an afternoon station presenter

_____ Be an all-day station presenter

Name _____

Phone _____

What I like best about The OrganWise Guys & the Louisiana Body Walk:

