

LESSON TITLE: *A “Teeth Changing” Experience!*

**GLE Text and Benchmarks:**  
(Includes Book and Follow Up Activity)

**GLE # Mathematics**

07	(PK-CM-M1) (M-2-E) Use words such as <i>day, week, month, schedule, morning, noon, night.</i>
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**GLE # English Language Arts**

06	(PK-LL-R4) (ELA-1-E4) Relate pictures to characters.
09	(PK-LL-S3) (PK-LL-R4) (ELA-1-E5) Answer simple questions about a story read aloud.
10	(PK-LL-L1) (PK-LL-S1) (ELA-1-E6) Share related life experiences after stories are read aloud.
19	(PK-LL-W2) (PK-LL-W4) (ELA-2-E6) Scribble, write or draw a picture of a life experience or response to a text read aloud.
24	(PK-LL-L2) (ELA-4-E2) Follow one- and two-step verbal and nonverbal directions.
29	(PK-LL-S1) (PK-SE-C1) (ELA-4-E7) Recognize and follow agreed-upon rules for discussing, such as raising one's hand, waiting one's turn, and speaking one at a time.
10	(ELA-1-E5) Answer questions about the important characters, setting, and events of a story.
45a	(ELA-4-E5) Give oral responses, including telling stories and personal experiences.
21c	(ELA-7-E4) Apply basic reasoning skills: connecting what is learned to real-life situations.

**GLE # Science**

34	(LS-E-A1) Describe what the human body needs to grow and be healthy.
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**Grade Level:** Pre-K/K-2

**Delivery Mode:** Classroom

**Time Allotted:** 20 minutes

**# Of Participants:** Class size; 10-30

**Life Skill/General Health:** Good dental hygiene

**Character Focus:** Developing self-discipline

**Integrated Curriculum Concepts:**

- Language Arts: Active Listening
- Math: Counting
- Health Sciences: Healthy Living
- Social Studies: Developing self-help skills

**Key Concepts:**

- Importance of physical activity
- Making healthy food choices

**What you need for the Lesson:**

- *A “Teeth Changing” Experience!*
- Calci M. Bone Educational Tool

- Copies of handouts (from last two pages of book) for each student
- Companion Activity Book (*Optional*)

**Learning Activity:**

- Calci’s Weekly Toothbrushing Chart (Back of Book)
- Companion Book Activities pgs. 19 and 20 (*Optional*)

**Getting Ready:**

- Read and familiarize yourself with the book.
- Make multiple copies of the last 2 pages of the book. (One of each page per student)

**Note to Helper:**

- The more animated you make the story and the more genuine your reaction is to how “smart” the students are, the more engaged the students will be.
- Depending on group size, you may wish to have them gather around in a reading area as you read aloud and show illustrations.

**Lesson Plan:**

<b>What you Say:</b>	<b>What you Do:</b>	<b>What Participants Do:</b>
Today, Calci is going to tell you a story about why it is so important to take care of your teeth! Listen up because I am going to ask some questions after Calci is done with her story.	Sit Calci next to you and read the book. (WITH ENTHUSIASM!)	Sit quietly and listen while teacher reads the book.
How many times a day do you brush your teeth?	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
How many times a day does Calci tell you to brush your teeth and when?	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
Have any of you ever seen “dentures” before? Tell me what you have to do so that you keep all your teeth in your mouth.	Call on students who have raised their hands to answer the question.	Respond and answer questions by raising hands.
<b>Follow Up Activity:</b> <b>Calci’s Weekly Toothbrushing Chart</b>	Explain how to use Calci’s Weekly Toothbrushing Chart at home this week and then have each student draw a picture of themselves in the “toothbrush” frame.	Should be actively involved in the activity.

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**Optional Follow-up Activity (if using companion activity books):**

- Use pgs. 19 and 20 in the Companion Activity Book

